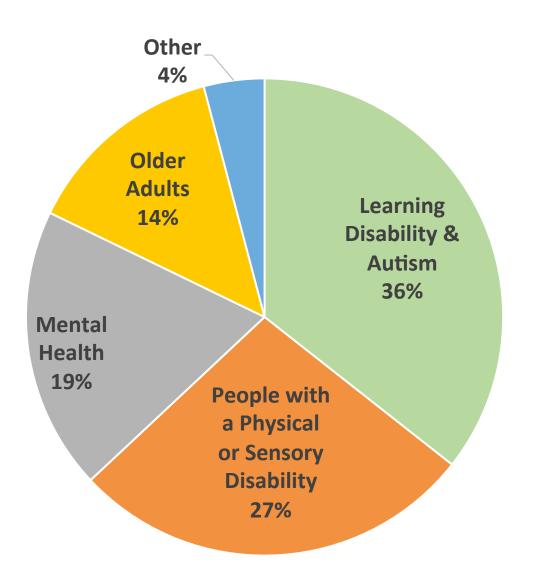


Health Inequalities Among Disabled People

2017 Survey

Dr. Claire Bates



26 Organisations Responded

Choice Support, Turning Point Three Cs Support, Certitude, Options for Supported Living, FitzRoy Support, United Response, Imagine Act and Succeed, SeeAbility, MCCH, Action on Hearing Loss, Dimensions, MacIntyre, Future Directions CIC, Perthyn, Sense, Active Prospects, The Avenues Group, Deafblind UK, National Star, Heritage Care, Milestones Trust, The Wilf Ward Family Trust, Affinity Trust, Autism and Disabilities Service & The Disabilities Trust & Walsingham Support

Contractually Required Health Resources

CLDT Partnerships/ Regular Contact Hospital Passport/ Hospital Admission 'Traffic Light Health Action Plans Annual Health Checks Anticipatory Care Calendar Uptake of NHS Screening Programs None Care plans/ Risk Assessments Health Records/ Medical Contact Sheet Risk tool for foresnic servcies "Lets Check Health and Wellbeing Service" Grist Risk Assessment Health Promotion Policy Promoting healthy lifestyles (physical activity 8 10 18 0 2 12 14 16 4 6

What is Working Well?

Health Action Plans- enable effective health reviews

Good CLDT relationships

Hospital Passportsinfo captured in one place

Anticipatory Care Calendar - simple and effective GP services work well with an enhanced service

Contractually Required Resources – The Issues



Access and Availability

Slow & laborious access, lack of reasonable adjustments, limited flexibility

Communication

Poor com. between Profs, inability to communicate meaningfully with the person, HAP's poor/ not accessible

Lack of Specialist Support / Knowledge

3

Poor understanding of MCA & complex health issues (PEG feeding) long wait for specialist adaptations (e.g. Wheelchairs)

Internally Developed Health Resources

Health Documents/ Guidance/ Tools – 1 Page health profile, Recovery Star, Pain Recognition Tool, 5 Ways to Wellbeing Tool

Accessible Information- Accessible HAPs & Policy, Easy Read Info, YouTube and Android Tablets to explain & make choices

Improving Health Monitoring- Wellbeing Meetings, Health Diaries, Appointment Feedback Forms, Health Surveys

Policies, Guidance or Charters- Eye Care & Vision Charter, Sport and Healthy Lifestyle Guide, Development of a health toolkit

Training – Most staff trained around common health issues, some sought prof. advice and two employed medical specialists

Key Websites

- <u>www.nhs.co.uk</u>
- <u>www.scie.org.uk</u>
- <u>www.nice.org.uk</u>
- www.gov.uk (Public Health England and Department of Health)

Other key websites fell into 3 areas:

- Accessible information
- Specific Conditions]
- General Health Websites

Training

20 of the 26 organisations provided in-house training surrounding health. The most commonly internally provided courses included:

- Mental Capacity
- Dementia
- Diabetes
- Mental Health Conditions
- Nutrition
- LD Specific Genetic Conditions E.g. Down's Syndrome
- End of Life Care
- Epilepsy
- Infection Control

Specialised medical courses were provided by fewer organisations, often nurseled

- Treat me Right!
- Dysphagia risks
- Battens Disease (Nurse led)
- Gastrostomy support (Nurse led)
- Catheter Care (Nurse led)
- Nebuliser and oxygen therapy (Nurse led)
- Anaphylaxis and use of Epi-pen
- Suppositories

Top 3 challenges to ensuring good health for people NHS staff who understand people with Learning Disabilities 32% Getting people / or staff to understand importance of healthy lifestyle/ preventing health issues 40%

Inconsistant and viarable access to NHS sevices 28% Top 3 successes to ensuring good health for people

Increase in screening/ monitoring of health 43% Health training for staff/people 33%

Initiatives to increase healthy lifestyles 24%

How can VODG support Organisations to improve peoples' health?

Health prevention & promotion training for both staff & people we support 23%

> Training & increased understanding from NHS staff working with people with LD / Complex Needs 31%

More easy read info/ Info stored in one central location 46%

Discuss in Groups

- What was your gut reaction to what you heard?
- Was there anything there that surprised you?
- What would make the biggest difference if we changed/acted on?