

Exercises from the Rehearsal Room #3: *Playing with status*

4 March - 2 May 2015 UK Tour

- ➡ You may want to start with **Exercises from the Rehearsal Room #2** and then after doing some appropriate warm-up exercises...
- ➡ Issue cards with numbers on them (1-10) – explain that 1 is the lowest status and 10 is the highest – they must not show anybody or discuss it with others
- ➡ Consider how it makes you feel knowing your number/rank in society? How do you relate to others? How does it affect your eye contact and physicality? How will you move?
- ➡ Ask the group to move around the space that you are working in and to somehow show their status and to relate to each other with the status that you feel they are projecting – do this totally non-vocally
- ➡ Now if you are above a 7, find another person with similar status as you and join up
- ➡ How does this affect the dynamic of the group?
- ➡ Next if you're above a 4, find similar and hook up
- ➡ How do the +7 people feel about that?
- ➡ How do the -3 people feel?
- ➡ Now everybody find a partner of a similar status and label one A and the other B
- ➡ Continue to move around the space with the same status but now in your pairs and this time A endows B with a greater status than they have – so in your pairs, A treats B at least 3 points higher than you actually are
- ➡ On the walls of the space the following sections of Eddie's text should be clearly visible
 - *You ain't 'all the girls'*
 - *I promised your mother on her deathbed*
 - *I'm responsible for you*
 - *You're a baby, you don't understand these things*
 - *You'll never get nowhere unless you finish school*
 - *Sure she's the best*
 - *The less you trust, the less you be sorry*

Exercises from the Rehearsal Room #3: (continued)

- ➡ A's should start to say these to their B's and to others they come into contact with. How does this make B feel?
- ➡ When another A tells you about their own B, how does that make you feel about your own endowed person?
- ➡ Now back as individuals completely switch status so 1's suddenly start to play a 10's, 9=2, 8=3, 7=4, 6=5 and vice versa
- ➡ New 10's should really play it up – flirt and dance and throw in some of Rodolpho's lines of text which should also be on the walls of the space and clearly visible – others should respond as they feel is fitting to their status
 - *I am also a singer, though*
 - *So beautiful!*
 - *I like sugar very much!*
 - *I would like to go to Broadway once*
 - *Since I was a boy I see pictures of those lights*
 - *She teaches me*
- ➡ How does this behaviour make the old 10's (now 1's) feel?
- ➡ If there is any interaction between your old partner – how does this make you feel about your B? About the new 10's? Where is your own sense of status?